



PT HAWAII - WAIPAHU

Waipahu Professional Center

94-801 Farrington Hwy, Waipahu 96797

Phone: (808) 680-9123

Fax: (808) 680-9889

www.pthawaii.com

- Worker's Compensation _____
Employer _____
- No Fault (Auto) _____
- Private _____
- Medicare _____

REHABILITATION REFERRAL AND TREATMENT PLAN

Patient Name: _____

Diagnosis/ ICD-10 code: _____

Date of Birth: _____ / _____ / _____

Phone (Best) _____ (Work) _____

Date of Injury/ Surgery: _____ / _____ / _____

EVALUATE AND TREAT

PHYSICAL THERAPY

Therapeutic Exercises

HEP, postural education/ergonomics

Modalities

Mechanical traction, electrical stimulation, ultrasound, heat & cold

Manual Therapy

Joint mobilization, manual traction, myofascial release, strain-counter strain

Vestibular/ Concussion Rehabilitation

Canalith repositioning, balance/gait training, vertigo, habituation exercises

Neuromuscular Rehabilitation

Functional re-training & neuromuscular re-education

AQUATHERAPY

Aquatherapy in a 100,000-gallon chlorinated salt water (solar heated) pool. Utilizing specifically designed activities to aid in the restoration, maintenance and quality of function for patients with acute or chronic disabilities.

WORK CONDITIONING (3 days/week)

Two-hour treatment will include strengthening and conditioning, initiating specific job stimulation activities.

MASSAGE THERAPY

PRECAUTIONS/ SPECIAL INSTRUCTIONS

MEASURABLE GOALS/ OBJECTIVES

Decrease:

- Tenderness/ Tightness
- Swelling
- Pain

Increase:

- Endurance
- ROM/ Mobility

Increase:

- Functional Activity Tol-erance
- Strength/ Stability

Educate:

- Home Exercise Program
- Body Mechanics ADL's
- Symptom Management

_____ Fr _____ to _____

_____ Fr _____ to _____

_____ Fr _____ to _____

_____ Fr _____ to _____

_____ Fr _____ to _____

Treatment Frequency _____ visits/week for _____ weeks.

Total Visits _____

Estimated Treatment dates _____ to _____

Estimated Cost \$ _____

Adjuster (Print) _____ Signature _____ Phone _____ Fax _____

Claim # _____

Approved

Denied

Physician Name (Print): _____ Signature: _____ Date: _____ / _____ / _____

PT HAWAII - WAIPAHU

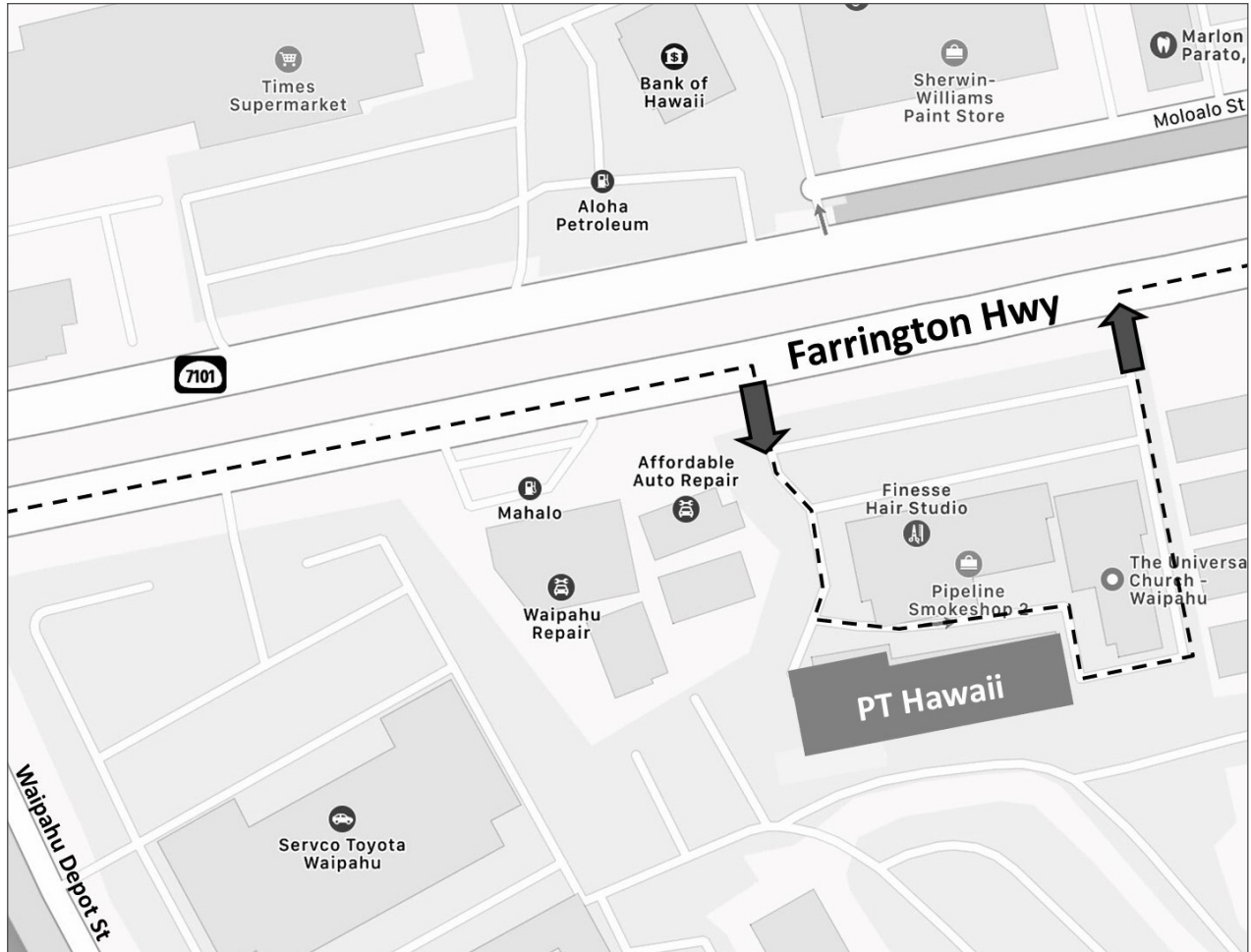
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LEADERS IN AQUATHERAPY

- 100,000-GALLON CHLORINATED SALT WATER POOL
- HEATED TO 92°
- SHALLOW & DEEP ENDS

According to the CDC: There is no evidence that the virus that causes COVID-19 can be spread through the water in pools, hot tubs or water playgrounds. Additionally, proper operation of these aquatic venues and disinfection of the water (with chlorine or bromine) should inactivate the virus.