



PT Hawaii

COVID-19 Prevention and Mitigation

What is coronavirus disease 2019 COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <http://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19?

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of breath

If you develop signs & symptoms of COVID-19 seek immediate medical attention.

Prevention & Mitigation Plan

At PT Hawaii, the health and safety of our patients, visitors, care providers and staff is our top priority. With confirmed cases of coronavirus disease 2019 (COVID-19) now identified in Hawai'i, we know that everyone is concerned about the potential for wider spread of the illness in our community. We are taking steps to reduce the risk and keep you, our patients, visitors and staff safe.

What to expect

We are taking measures to monitor visitors and staff entering our facility and ensure appropriate infection control measures are followed upon entry. Examples include:

Screening at time of scheduling

Patients will be rescheduled if:

- experiencing COVID-19 symptoms
- traveled to CDC Level 2 or higher risk areas (domestically or abroad) within the last 2 weeks

Temperature Screening at time of arrival

Patients, staff & visitors' temperature will be checked at every visit effective March 16th. If someone registers a temperature greater than 100.4 degrees:

- Patients will be rescheduled for their appointment
- Visitors will be required to wait outside and away from the facility
- Staff will be required to return home and be quarantined for 14 days or upon confirmed COVID-19 testing negative outcome

Infectious prevention measures

In an effort to minimize potential spread of any infection, our clinic has adopted the following protocols:

- Separated seating areas to allow social distancing
- Removal of all reading and other sharable materials from common areas
- Provide face masks to any patient in need
- Sanitize all common area high-touch surfaces hourly or sooner as needed